

The following are excerpts from the procedures that were developed to mitigate risk associated with transmission of the COVID19 in accordance with guidelines and recommendations of:

- CDC
- Indiana State Department of Health
- Professional Association of Therapeutic Horsemanship International

Roles of individuals entering ROL facilities are identified as:

1. Staff
2. Interns
3. Volunteer
  - a. Horse leader/side walkers
  - b. Exercise program
  - c. Feeders
  - d. Special projects (e.g. clean pastures, landscaping)
4. Participant/Rider/Student;
5. Caregiver/Family Member;
6. Guest (e.g. board members, consultants, contractors, delivery persons)

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#### **VOLUNTEERS**

1. Will sign liability waiver/pledge.
2. Undergo the health screening in the parking lot
3. Will be given very specific directions on expectations for distancing and mask wearing.
4. Will provide their own masks. If unable to provide personal equipment, they are required to have pre-arranged with the volunteer coordinator for provision by ROL.
5. Will disinfect hands before proceeding to activities and after.

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#### **Guidance for Daily COVID-19 Screening**

Screen ALL who enter the grounds/facility, beyond the parking areas. Health information will not be stored.

- **Staff** should complete the health questionnaire and check their temperature before arriving to work.

- **Interns will** be given the health questionnaire and have their temperature taken before leaving their car or parking lot.

• **Students and caregivers/family members** will be given the health questionnaire and have their temperature taken before leaving their car or in the parking lot if it is not possible to take temperature while still in the car.

• **Lesson Volunteers** will be given the health questionnaire and have their temperature taken before leaving their car or parking lot. **Feeder Volunteers** should complete the health questionnaire and check their temperature before arriving to ROL. And text /email feeder coordinator or ED. Upon arrival, during the scheduled lessons times, feeders will use entrance/exit routes clearly marked (and separate from program participants) for their use to prevent cross passing.

These questions will be asked to everyone:

Since your last day of work, or last visit here, have you had any of these symptoms?

- Cough
- Shortness of breath or difficulty breathing
- Or at least two of these symptoms
  - Fever
  - Chills
  - Repeated shaking with chills
  - Muscle pain
  - Headache
  - Sore throat
  - New loss of taste or smell

If the answer is YES to any of these questions or if an individual's temperature is above 99.5 F, the ROL COVID-19 emergency plan will be implemented immediately.

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### **Volunteers, Students and Caregivers/Family Members, Interns and Guests**

If any of the above answers YES to any of the health questionnaire or has a temperature above 99.5F, they will not be allowed to enter ROL facilities.

If any of the above become ill while at ROL they should be assisted to follow these guidelines:

- Immediately inform a member of the ROL staff, separate themselves from others and go home.
- May request assistance in returning home or for medical care, as needed.
- The incident should be immediately reported to the Executive Director.
- Follow CDC-recommended steps.
- Should not return to ROL until the criteria to discontinue home isolation are met, in consultation with their healthcare provider

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6. Touch-free hand sanitizers will be placed at the entrances to the facilities.
7. Cleaning stations (containing hand sanitizers, cleaning tissue, garbage collector) will be placed at multiple high traffic locations and common areas.
8. Disinfection during lessons:
  - a. Upon arrival and after passing the health screening test riders, their families and volunteers will disinfect hands. They will be disinfecting hands after activities and before exiting.
  - b. Before entering arena, riders will walk over disinfecting shoe mat station.
  - c. There will be clearly marked designated area for dirty tack/equipment.
  - d. Lesson kits consisting of the grooming tools, lead rope and crop will be assigned to a volunteer for the duration of their shift at the barn. After use grooming tools and crop will be disinfected with Lysol or bleach solution and the lead rope will be placed in the marked bucket for dirty ropes. At the end of the day instructor will sanitize and place the lead ropes on the appropriate/designated area.
  - e. Reins will be placed in the marked bucket and will be washed after each use in soap and water solution and put on the hanging rack. Alternatively, disposable plastic sleeve or fabric covers will be used (and washed after use).
  - f. Saddles, used only once a day, will be covered with the washable saddle covers which will be placed in washing machine and washed at the end of each day or disinfected in UV box (15 min)
  - g. Halters will be disinfected in the UV box after each use.
  - h. Western saddle pads will be covered with baby pad, which will be placed between the saddle and the western pad. Baby pad to be placed forward to protect from rider sneezing on the pad. The baby pads will be used once and laundered.
  - i. English and fleece pads will be washed after each use.
  - j. Girths will be disinfected in UV box.

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## **GUIDELINES for SOCIAL-DISTANCING AND MASKS ON ROL PROPERTY**

**!) All persons on ROL properties are responsible for maintaining 6 ft of distancing between each other.** This policy will be reinforced through educational briefings, signage, a pledge, and peer enforcement. Persons who do not rigorously follow this guidance may, by order of the executive director, receive a warning and if the behavior is not corrected, may ultimately not be allowed to return to a ROL facility.

When 6 ft distancing can be rigorously maintained wearing a mask is not required.

When there is a reasonable expectation that 6 ft distancing cannot be maintained then masks are required.

- a. **Masks must be worn by everyone present during lessons** (e.g. riders, instructors and interns, students, caregivers/family members, volunteers, guests).

# PARTICIPANTS ELIGIBLE FOR PHASE 1:

